

*An Invitation to take time off  
to attend to your own spirituality*

Friday, June 15

10.00 – 2.00pm (lunch included)

Brigid's Well, Kildara Centre, Malvern

Suggested Donation: \$15

## *Kitchen Table Prayers*

**Facilitator: JUDITH LYNCH**

**FOUNDER: TARELLA SPIRITUALITY**

An opportunity to look at the different ways we pray, to recognise how prayer changes as we get older, to feel confident moving into a deeper and more adult relationship with the God who loves us.

**BOOKINGS ESSENTIAL**

**CONTACT KILDARA CENTRE FOR MORE DETAILS**

**PHONE: 9509 7906**

**FAX: 95002942**

**eMAIL: [kildara@netspace.net](mailto:kildara@netspace.net)**